

Event Name	Participant	Status
<b>HS Girls Flag Football Practice</b> Mon 08/04/2025 10:00 am - 12:00 pm SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Tue 08/05/2025 8:00 am - 10:00 am SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Wed 08/06/2025 10:00 am - 12:00 pm SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Thu 08/07/2025 1:00 pm - 3:00 pm SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Fri 08/08/2025 1:00 pm - 3:00 pm SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Mon 08/11/2025 7:00 am - 9:00 am SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Tue 08/12/2025 12:00 pm - 2:00 pm SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Wed 08/13/2025 8:00 am - 10:00 am SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice &amp; Team Photos</b> Thu 08/14/2025 3:00 pm - 5:30 pm SFC - Softball Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Fri 08/15/2025 6:30 am - 8:00 am SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS Flag Football Practice</b> Mon 08/18/2025 6:30 am - 8:00 am SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Tue 08/19/2025 3:00 pm - 5:00 pm SFC - Softball Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Wed 08/20/2025 3:00 pm - 5:00 pm	Flag Football - Women - Varsity	Active

Location		
SFC - Baseball Diamond		
<b>HS Girls Flag Football Practice</b> Thu 08/21/2025 3:00 pm - 5:00 pm SFC - Softball Field	Flag Football - Women - Varsity	Active
<b>HS V Flag Football vs Point Loma</b> Fri 08/22/2025 3:00 pm - 5:00 pm SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS Flag Football Practice</b> Mon 08/25/2025 6:30 am - 8:00 am SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS V Girls Flag Football Practice</b> Tue 08/26/2025 3:00 pm - 5:00 pm SFC - Softball Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Wed 08/27/2025 3:00 pm - 5:00 pm SFC - Softball Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice (split field)</b> Thu 08/28/2025 3:00 pm - 5:00 pm SFC - Softball Field	Flag Football - Women - Varsity	Active
<b>HS Flag Football Team Retreat</b> Fri 08/29/2025 12:00 pm - 1:00 pm William Heise County Park	Flag Football - Women - Varsity	Active
<b>HS Flag Football Team Retreat</b> Sat 08/30/2025 12:00 pm - 1:00 pm William Heise County Park	Flag Football - Women - Varsity	Active
<b>HS Flag Football Team Retreat</b> Sun 08/31/2025 12:00 pm - 1:00 pm William Heise County Park	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Tue 09/02/2025 3:00 pm - 5:00 pm SFC - Softball Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Wed 09/03/2025 3:00 pm - 5:00 pm SFC - Softball Field	Flag Football - Women - Varsity	Active
<b>HS Flag Football Practice</b> Thu 09/04/2025 6:30 am - 8:00 am SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS Flag Football vs El Camino</b>	Flag Football - Women - Varsity	Active

Date	Equipment	
Fri 09/05/2025 4:00 pm - 5:00 pm SFC - Football/Upper Field		
<b>HS Flag Football Outreach (Helen Woodward Surf-Dog-A-Thon)</b> Sun 09/07/2025 7:00 am - 12:00 pm Del Mar Dog Beach	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Tue 09/09/2025 3:00 pm - 5:00 pm SFC - Softball Field	Flag Football - Women - Varsity	Active
<b>HS V Girls Flag Football Practice</b> Wed 09/10/2025 3:00 pm - 5:00 pm SFC - Softball Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Fri 09/12/2025 6:30 am - 8:00 am SFC - Football/Upper Field	Flag Football - Women - JV Flag Football - Women - Varsity	Active
<b>HS Flag Football vs Francis Parker</b> Mon 09/15/2025 3:00 pm - 5:00 pm SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Tue 09/16/2025 3:00 pm - 5:00 pm SFC - Softball Field	Flag Football - Women - Varsity	Active
<b>HS Flag Football vs Canyon Crest Academy</b> Wed 09/17/2025 5:00 pm - 7:00 pm SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Thu 09/18/2025 3:00 pm - 5:00 pm SFC - Softball Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Fri 09/19/2025 6:30 am - 8:30 am SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS Flag Football @ Orange Glen</b> Mon 09/22/2025 4:00 pm - 5:30 pm Orange Glen High School	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Tue 09/23/2025 3:00 pm - 5:00 pm SFC - Softball Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Wed 09/24/2025 3:00 pm - 5:00 pm SFC - Softball Field	Flag Football - Women - Varsity	Active

Event Name	Participant	Status
<b>HS Flag Football @ Tri City</b> Thu 09/25/2025 4:00 pm - 6:00 pm SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Fri 09/26/2025 6:30 am - 8:30 am SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS JV FLAG Football @ Coastal Academy</b> Tue 09/30/2025 2:30 pm - 5:00 pm SoCal Sports Complex	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Tue 09/30/2025 3:00 pm - 5:00 pm SFC - Softball Field	Flag Football - Women - Varsity	Active
<b>HS V FLAG Football @ Coastal Academy</b> Tue 09/30/2025 4:00 pm - 6:30 pm SoCal Sports Complex	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Wed 10/01/2025 3:00 pm - 5:00 pm SFC - Softball Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Thu 10/02/2025 6:30 am - 8:30 am SFC - Softball Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Fri 10/03/2025 6:30 am - 8:00 am SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS Girls JV Flag Football @ CCA</b> Mon 10/06/2025 4:00 pm - 5:00 pm Canyon Crest Academy	Flag Football - Women - Varsity	Active
<b>HS Flag Football vs Escondido Charter</b> Tue 10/07/2025 4:00 pm - 6:00 pm SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Wed 10/08/2025 2:30 pm - 4:30 pm Baseball Diamond	Flag Football - Women - Varsity	Active
<b>HS Flag Football vs Pac Ridge</b> Thu 10/09/2025 3:30 pm - 5:30 pm SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS V Girls Flag Football Practice</b> Tue 10/14/2025 3:00 pm - 5:00 pm	Flag Football - Women - Varsity	Active

Location		
SFC - Softball Field		
<b>HS Girls JV Flag Football @ LCC</b> Tue 10/14/2025 6:00 pm - 7:00 pm La Costa Canyon High School	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Wed 10/15/2025 3:00 pm - 5:00 pm SFC - Softball Field	Flag Football - Women - Varsity	Active
<b>HS JV Girls Flag Football Practice</b> Thu 10/16/2025 3:00 pm - 5:00 pm SFC - Softball Field	Flag Football - Women - Varsity	Active
<del><b>HS Girls JV Flag Football @ Classical Academy</b> Thu 10/16/2025 4:30 pm - 5:30 pm Hidden Valley Middle School</del>	<del>Flag Football - Women - Varsity</del>	<del>Cancelled</del>
<b>HS Girls V Flag Football @ Classical Academy</b> Thu 10/16/2025 5:30 pm - 7:00 pm Hidden Valley Middle School	Flag Football - Women - Varsity	Active
<del><b>HS Flag Football vs San Ysidro</b> Fri 10/17/2025 4:00 pm - TBD (11:59 pm) SFC - Football/Upper Field</del>	<del>Flag Football - Women - Varsity</del>	<del>Cancelled</del>
<b>HS Flag Football Practice</b> Mon 10/20/2025 3:00 pm - 5:00 pm SFC - Softball Field	Flag Football - Women - Varsity	Active
<b>HS Flag Football vs Southwest EC</b> Tue 10/21/2025 4:30 pm - 6:30 pm SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<del><b>HS JV Flag Football @ Del Norte</b> Wed 10/22/2025 4:00 pm - 5:30 pm Del Norte High School</del>	<del>Flag Football - Women - Varsity</del>	<del>Cancelled</del>
<b>HS V Flag Football @ Del Norte</b> Wed 10/22/2025 6:00 pm - 7:30 pm Del Norte High School	Flag Football - Women - Varsity	Active
<b>HS Flag Football vs SDJA</b> Thu 10/23/2025 4:30 pm - 5:30 pm SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS Girls Flag Football Practice</b> Fri 10/24/2025 6:30 am - 8:00 am SFC - Football/Upper Field	Flag Football - Women - Varsity	Active
<b>HS Flag Football Practice</b>	Flag Football - Women - Varsity	Active

Date	Equipment	
Mon 10/27/2025 6:30 am - 8:00 am SFC - Football/Upper Field		
<b>HS Girls Flag Football Playoff vs Our Lady of Peace</b> Tue 10/28/2025 3:00 pm - 5:00 pm SFC - Football/Upper Field	Flag Football - Women - Varsity	Active