Event Name	Participant	Status
Football Practice	Football - Men - Freshmen	Active
Thu 08/21/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Thu 08/21/2025 3:00 pm - 5:00 pm		
SFC - Softball Field		
Novice Football vs Madison	Football - Men - Freshmen	Cancelled
Thu 08/21/2025 4:00 pm - 7:00 pm		
SFC - Up per Field		
HS JV/JV2 Volleyball @ LCC	Volleyball - Women - JV1	Active
Thu 08/21/2025 4:30 pm - 6:00 pm	Volleyball - Women - JV2	
La Costa Canyon High School		
HS V Volleyball @ LCC	Volleyball - Women - Varsity	Active
Thu 08/21/2025 6:00 pm - 7:00 pm		
La Costa Canyon High School		
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Fri 08/22/2025 1:30 pm - 3:30 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
HS V Flag Football vs Point Loma	Flag Football - Women - Varsity	Active
Fri 08/22/2025 3:00 pm - 5:00 pm		
SFC - Upper Field		
JV Football @ Madison	Football - Men - JV	Active
Fri 08/22/2025 4:00 pm - 6:00 pm		
MADISON SENIOR HIGH		
Varsity Football @ Madison	Football - Men - Varsity	Active
Fri 08/22/2025 7:00 pm - 9:00 pm		
MADISON SENIOR HIGH		
HS JV Volleyball Wolverine Tourney	Volleyball - Women - JV2	Active
Sat 08/23/2025 9:00 am - 6:00 pm	Volleyball - Women - JV1	
Alliant University		
HS Frosh Volleyball Wolverine Tourney	Volleyball - Women - JV2	Active
Sat 08/23/2025 9:00 am - 6:00 pm		
Alliant University		
Brees Football	Football - Men - Varsity	Active
Sun 08/24/2025 4:00 pm - 5:30 pm		
SFC - Upper Field		
HS Flag Football Practice	Flag Football - Women - Varsity	Active
Mon 08/25/2025 6:30 am - 8:00 am	, in the second of the second	

12.30 alli Fil 3 Dec, 23	2025 Vb, Flag, Fb Games	гаус
Location		
SFC - Upper Field		
Football Practice	Football - Men - Freshmen	Active
Mon 08/25/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Mon 08/25/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
HS Girls JV Flag Football vs Carlsbad	Flag Football - Women - JV	Active
Mon 08/25/2025 6:00 pm - 7:00 pm		
SFC - Upper Field		
HS Girls Volleyball Practice*	Volleyball - Women - JV1	Active
Tue 08/26/2025 6:00 am - 8:00 am	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
HS V Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Tue 08/26/2025 3:00 pm - 5:00 pm		
SFC - Softball Field		
Football Practice	Football - Men - Freshmen	Active
Tue 08/26/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls JV Flag Football vs Steele Canyon HS	Flag Football - Women - JV	Active
Tue 08/26/2025 6:00 pm - 7:00 pm		
SFC - Upper Field		
Football Practice	Football - Men - Freshmen	Active
Wed 08/27/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Wed 08/27/2025 3:00 pm - 5:00 pm		
SFC - Softball Field		
P&D Football	Football - Men - Freshmen	Active
Wed 08/27/2025 5:00 pm - 6:00 pm		
SFC - Upper Field		
HS Girls Flag Football Practice (split field)	Flag Football - Women - Varsity	Active
Thu 08/28/2025 3:00 pm - 5:00 pm		
SFC - Softball Field		
Football Practice	Football - Men - Freshmen	Active
Thu 08/28/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
Novice Football @ Valley Center	Football - Men - Freshmen	Active

Date	Equipment	
Thu 08/28/2025 4:00 pm - 5:00 pm		
Valley Center		
HS Girls JV Flag Football vs Scripps Ranch HS	Flag Football - Women - JV	Active
Thu 08/28/2025 6:00 pm - 7:00 pm		
SFC - Upper Field		
JV Football @ Valley Center	Football - Men - JV	Active
Thu 08/28/2025 6:00 pm - 8:00 pm		
Valley Center		
HS Flag Football Team Retreat	Flag Football - Women - Varsity	Active
Fri 08/29/2025 12:00 pm - 1:00 pm		
William Heise County Park		
Varsity Football vs Valley Center	Football - Men - Varsity	Active
Fri 08/29/2025 3:30 pm - 5:30 pm		
SFC - Upper Field		
HS Flag Football Team Retreat	Flag Football - Women - Varsity	Active
Sat 08/30/2025 12:00 pm - 1:00 pm		
William Heise County Park		
Miller Kicking	Football - Men - Varsity	Active
Sun 08/31/2025 10:00 am - 12:00 pm		
SFC - Upper Field		
HS Flag Football Team Retreat	Flag Football - Women - Varsity	Active
Sun 08/31/2025 12:00 pm - 1:00 pm		
William Heise County Park		
Garner VB	Volleyball - Women - Varsity	Active
Sun 08/31/2025 1:00 pm - 3:30 pm		
SFC - Gymnasium		
Miller Kicking	Football - Men - Varsity	Active
Mon 09/01/2025 7:30 am - 9:00 am		
SFC - Upper Field		
Garner VB	Volleyball - Women - Varsity	Active
Mon 09/01/2025 10:00 am - 11:30 am		
SFC - Gymnasium		
Football Practice	Football - Men - Freshmen	Active
Mon 09/01/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
Football Practice	Football - Men - Freshmen	Active
Tue 09/02/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	

Event Name	Participant	Status
HS Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Tue 09/02/2025 3:00 pm - 5:00 pm		
SFC - Softball Field		
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Tue 09/02/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
HS Girls JV Flag Football vs West Hills HS	Flag Football - Women - JV	Active
Tue 09/02/2025 6:00 pm - 7:00 pm		
SFC - Upper Field		
Football Practice	Football - Men - Freshmen	Active
Wed 09/03/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Wed 09/03/2025 3:00 pm - 5:00 pm		
SFC - Softball Field		
HS Girls Volleyball Practice	Volleyball - Women - Varsity	Active
Wed 09/03/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - JV1	
HS Flag Football Practice	Flag Football - Women - Varsity	Active
Thu 09/04/2025 6:30 am - 8:00 am		
SFC - Upper Field		
Football Practice (softball field)	Football - Men - Freshmen	Active
Thu 09/04/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Thu 09/04/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
Novice Football vs Westview	Football - Men - Freshmen	Active
Thu 09/04/2025 4:00 pm - 6:00 pm		
SFC - Upper Field		
HS Girls JV Flag Football @ Mt Carmel	Flag Football - Women - JV	Active
Thu 09/04/2025 5:15 pm - 6:15 pm		
Mt. Carmel High School		
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Fri 09/05/2025 1:30 pm - 3:30 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
Head VB Coach Mtg	Volleyball - Women - Varsity	Active
Fri 09/05/2025 1:30 pm - 2:30 pm		

12.00 4 1 0 2 00, 20	2020 VB, Flag, FB Carries	1 ugo o
Location		
SFC - Athletics Conference Room		
HS Flag Football vs El Camino	Flag Football - Women - Varsity	Active
Fri 09/05/2025 4:00 pm - 5:00 pm		
SFC - Upper Field		
JV Football @ Westview	Football - Men - JV	Active
Fri 09/05/2025 4:30 pm - 6:30 pm		
Westview High		
Varsity Football @ Westview	Football - Men - Varsity	Active
Fri 09/05/2025 7:15 pm - 9:15 pm		
Westview High		
HS JV Volleyball Poway Titan Invite Tourney	Volleyball - Women - JV1	Active
Sat 09/06/2025 9:00 am - 6:00 pm	Volleyball - Women - JV2	
Alliant University		
HS Frosh Volleyball Poway Titan Invite Tourney	Volleyball - Women - JV2	Active
Sat 09/06/2025 9:00 am - 6:00 pm		
Alliant University		
HS Flag Football Outreach (Helen Woodward Surf-Dog-A-Thon)	Flag Football - Women - Varsity	Active
Sun 09/07/2025 7:00 am - 12:00 pm		
Del Mar Dog Beach		
Miller Kicking	Football - Men - Varsity	Active
Sun 09/07/2025 10:00 am - 12:00 pm		
SFC - Upper Field		
Wallace Football	Football - Men - Varsity	Active
Sun 09/07/2025 10:00 am - 12:00 pm		
SFC - Weight Training Room		
Football Practice	Football - Men - Freshmen	Active
Mon 09/08/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Mon 09/08/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
Weight Room - FB Film	Football - Men - Varsity	Active
Mon 09/08/2025 7:00 pm - 8:00 pm		
SFC - Weight Training Room		
HS Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Tue 09/09/2025 3:00 pm - 5:00 pm		
SFC - Softball Field		

Event Name	Participant	Status
Football Practice	Football - Men - Freshmen	Active
Tue 09/09/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS JV/JV2 Volleyball vs La Jolla HS	Volleyball - Women - JV2	Active
Tue 09/09/2025 4:30 pm - 6:00 pm	Volleyball - Women - JV1	
SFC - Gymnasium		
HS V Volleyball vs La Jolla HS	Volleyball - Women - Varsity	Active
Tue 09/09/2025 6:00 pm - 7:30 pm		
SFC - Gymnasium		
HS Girls JV Flag Football @ Cathedral	Flag Football - Women - JV	Active
Tue 09/09/2025 7:00 pm - 8:00 pm		
Cathedral Catholic High School		
HS V Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Wed 09/10/2025 3:00 pm - 5:00 pm		
SFC - Softball Field		
Football Practice	Football - Men - Freshmen	Active
Wed 09/10/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Wed 09/10/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
HS Girls JV Flag Football vs CCA	Flag Football - Women - JV	Active
Wed 09/10/2025 6:00 pm - 7:00 pm		
SFC - Upper Field		
Football Practice	Football - Men - Freshmen	Active
Thu 09/11/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Thu 09/11/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
HS Girls JV Flag Football vs Granite Hills	Flag Football - Women - JV	Active
Thu 09/11/2025 6:00 pm - 7:00 pm		
SFC - Upper Field		
HS Girls Flag Football Practice	Flag Football - Women - JV	Active
Fri 09/12/2025 6:30 am - 8:00 am	Flag Football - Women - Varsity	
SFC - Upper Field		

Event Name	Participant	Status
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Fri 09/12/2025 1:30 pm - 3:30 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
JV Football vs Vista (@TP)	Football - Men - JV	Active
Fri 09/12/2025 4:00 pm - 6:00 pm		
Torrey Pines High School		
Varsity Football vs Vista (@TP) SENIOR NIGHT	Football - Men - Varsity	Active
Fri 09/12/2025 7:00 pm - 9:00 pm		
Torrey Pines High School		
Wallace Football	Football - Men - Varsity	Active
Sat 09/13/2025 8:30 am - 10:00 am		
SFC - Weight Training Room		
Wallace Football	Football - Men - Varsity	Active
Sun 09/14/2025 10:30 am - 12:00 pm		
SFC - Weight Training Room		
HS Flag Football vs Francis Parker	Flag Football - Women - Varsity	Active
Mon 09/15/2025 3:00 pm - 5:00 pm		
SFC - Upper Field		
Football Practice	Football - Men - Freshmen	Active
Mon 09/15/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Mon 09/15/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
HS Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Tue 09/16/2025 3:00 pm - 5:00 pm		
SFC - Softball Field		
Football Practice	Football - Men - Freshmen	Active
Tue 09/16/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Tue 09/16/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
Football Practice	Football - Men - Freshmen	Active
Wed 09/17/2025 3:00 pm - 4:30 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS JV/JV2 Volleyball @ Bishops	Volleyball - Women - Varsity	Active

12.30 am Fil 3 Dec, 23	2023 VB, Flag, FB Games	гаус
Location		
Bishops School		
Football Practice	Football - Men - Varsity	Active
Wed 09/17/2025 4:30 pm - 6:00 pm	Football - Men - JV	
SFC - Softball Field	Football - Men - Freshmen	
HS Flag Football vs Canyon Crest Academy	Flag Football - Women - Varsity	Active
Wed 09/17/2025 5:00 pm - 7:00 pm		
SFC - Upper Field		
HS V Volleyball @ Bishops	Volleyball - Women - Varsity	Active
Wed 09/17/2025 5:15 pm - 6:30 pm		
Bishops School		
HS Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Thu 09/18/2025 3:00 pm - 5:00 pm		
SFC - Softball Field		
Football Practice	Football - Men - Freshmen	Active
Thu 09/18/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Volleyball Practice	Volleyball - Women - Varsity	Active
Thu 09/18/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - JV1	
Frosh Football vs San Marcos	Football - Men - Freshmen	Active
Thu 09/18/2025 4:00 pm - 6:30 pm		
SFC - Upper Field		
HS Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Fri 09/19/2025 6:30 am - 8:30 am		
SFC - Upper Field		
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Fri 09/19/2025 1:30 pm - 3:30 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
HS V Volleyball vs Sage Creek @ Scripps Ranch HS - V Classic Tourney	Volleyball - Women - Varsity	Active
Fri 09/19/2025 4:00 pm - 5:00 pm		
Scripps Ranch High		
JV Football @ Christian	Football - Men - Freshmen	Active
Fri 09/19/2025 4:30 pm - 6:30 pm	Football - Men - JV	
TBD		
HS V Volleyball vs Mira Mesa @ Scripps Ranch HS - V Classic Tourney	Volleyball - Women - Varsity	Active
Fri 09/19/2025 5:15 pm - 6:15 pm		
Scripps Ranch High		
HS V Volleyball vs Fresno Christian @ Scripps Ranch HS - V Classic Tourney	Volleyball - Women - Varsity	Active

Date	Equipment	
Fri 09/19/2025 6:30 pm - 7:30 pm		
Scripps Ranch High		
V Football @ Christian	Football - Men - Varsity	Active
Fri 09/19/2025 7:00 pm - 9:00 pm		
GROSSMONT HIGH		
Wallace Football	Football - Men - Varsity	Active
Sat 09/20/2025 9:30 am - 11:00 am		
SFC - Weight Training Room		
HS V Volleyball Scripps Ranch Classic	Volleyball - Women - Varsity	Active
Sat 09/20/2025 9:30 am - 4:30 pm		
TBD		
Wallace Football	Football - Men - Varsity	Active
Sun 09/21/2025 10:30 am - 12:00 pm		
SFC - Weight Training Room		
Football Practice	Football - Men - Freshmen	Active
Mon 09/22/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Flag Football @ Orange Glen	Flag Football - Women - Varsity	Active
Mon 09/22/2025 4:00 pm - 5:30 pm		
Orange Glen High School		
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Mon 09/22/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
HS Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Tue 09/23/2025 3:00 pm - 5:00 pm		
SFC - Softball Field		
Football Practice	Football - Men - Freshmen	Active
Tue 09/23/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS JV/JV2 Volleyball @ LJCD	Volleyball - Women - Varsity	Active
Tue 09/23/2025 4:15 pm - 5:30 pm		
La Jolla Country Day School		
HS V Volleyball @ LJCD	Volleyball - Women - Varsity	Active
Tue 09/23/2025 5:45 pm - 7:00 pm		
La Jolla Country Day School		
HS Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Wed 09/24/2025 3:00 pm - 5:00 pm		
SFC - Softball Field		

Event Name	Participant	Status
Football Practice	Football - Men - Freshmen	Active
Wed 09/24/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Wed 09/24/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
Football Practice	Football - Men - Freshmen	Active
Thu 09/25/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Softball Field	Football - Men - Varsity	
HS Flag Football @ Tri City	Flag Football - Women - Varsity	Active
Thu 09/25/2025 4:00 pm - 6:00 pm		
SFC - Upper Field		
HS JV/JV2 Volleyball vs Pac Ridge	Volleyball - Women - JV1	Active
Thu 09/25/2025 4:30 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium		
Miller Kicking	Football - Men - Varsity	Active
Thu 09/25/2025 5:30 pm - 6:30 pm		
SFC - Upper Field		
HS V Volleyball vs Pac Ridge	Volleyball - Women - Varsity	Active
Thu 09/25/2025 6:00 pm - 7:30 pm		
SFC - Gymnasium		
HS Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Fri 09/26/2025 6:30 am - 8:30 am		
SFC - Upper Field		
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Fri 09/26/2025 1:30 pm - 3:30 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
JV Football @ Escondido Charter	Football - Men - JV	Active
Fri 09/26/2025 4:00 pm - 6:00 pm		
Orange Glen High School		
Varsity Football @ Escondido Charter	Football - Men - Varsity	Active
Fri 09/26/2025 7:00 pm - 9:00 pm		
Orange Glen High School		
Wallace Football	Football - Men - Varsity	Active
Sat 09/27/2025 10:00 am - 11:30 am		
SFC - Weight Training Room		
Gardiner Volleyball	Volleyball - Women - Varsity	Active
Sat 09/27/2025 1:00 pm - 3:00 pm		

12.36 am Fit 3 Dec, 23	2023 VB, Flag, FB Games	raye i
Location		
SFC - Gymnasium		
Miller Kicking	Football - Men - Varsity	Active
Sat 09/27/2025 3:30 pm - 4:30 pm		
SFC - Upper Field		
Wallace Football	Football - Men - Varsity	Active
Sun 09/28/2025 10:00 am - 11:30 am		
SFC - Weight Training Room		
Football Practice	Football - Men - Freshmen	Cancelled
Mon 09/29/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS JV Flag Football @ Coastal Academy	Flag Football - Women - JV	Active
Mon 09/29/2025 3:30 pm - 4:30 pm		
SoCal Sports Complex		
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Mon 09/29/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
Novice Football vs Esco Charter	Football - Men - Freshmen	Active
Mon 09/29/2025 4:00 pm - 6:00 pm		
SFC - Upper Field		
HS JV FLAG Football @ Coastal Academy	Flag Football - Women - Varsity	Active
Tue 09/30/2025 2:30 pm - 5:00 pm		
SoCal Sports Complex		
HS Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Tue 09/30/2025 3:00 pm - 5:00 pm		
SFC - Softball Field		
Football Practice	Football - Men - Freshmen	Active
Tue 09/30/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS V FLAG Football @ Coastal Academy	Flag Football - Women - Varsity	Active
Tue 09/30/2025 4:00 pm - 6:30 pm		
SoCal Sports Complex		
HS Girls FROSH only Volleyball Practice	Volleyball - Women - Varsity	Cancelled
Tue 09/30/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gym nasium	Volleyball - Women - JV1	
HS JV Volleyball @ Francis Parker	Volleyball - Women - Varsity	Active
Tue 09/30/2025 4:15 pm - 5:30 pm		
Francis Parker School		
HS V Volleyball @ Francis Parker	Volleyball - Women - Varsity	Active

Date	Equipment	
Tue 09/30/2025 5:45 pm - 7:00 pm		
Francis Parker School		
Volleyball Mtg	Volleyball - Women - Varsity	Active
Wed 10/01/2025 1:45 pm - 2:15 pm		
SFC - Athletics Conference Room		
Football Practice	Football - Men - Freshmen	Active
Wed 10/01/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Wed 10/01/2025 3:00 pm - 5:00 pm		
SFC - Softball Field		
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Wed 10/01/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
HS Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Thu 10/02/2025 6:30 am - 8:30 am		
SFC - Softball Field		
JV Football vs Army Navy	Football - Men - JV	Active
Thu 10/02/2025 3:00 pm - 5:00 pm		
SFC - Upper Field		
Football Practice	Football - Men - Freshmen	Active
Thu 10/02/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS JV Volleyball vs Maranatha	Volleyball - Women - JV1	Active
Thu 10/02/2025 4:30 pm - 6:00 pm		
SFC - Gymnasium		
HS V Volleyball vs Maranatha	Volleyball - Women - Varsity	Active
Thu 10/02/2025 6:00 pm - 7:30 pm		
SFC - Gymnasium		
HS Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Fri 10/03/2025 6:30 am - 8:00 am		
SFC - Upper Field		
HS Girls Volleyball Practice	Volleyball - Women - Varsity	Active
Fri 10/03/2025 1:30 pm - 3:30 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - JV1	
V Football Practice	Football - Men - Freshmen	Active
Fri 10/03/2025 1:30 pm - 3:30 pm	Football - Men - JV	
SFC - Softball Field	Football - Men - Varsity	

Event Name	Participant	Status
HS JV FL AG Football vs O'Farrell	Flag Football - Women - JV	Cancelled
Fri 10/03/2025 3:30 pm - 5:30 pm		
SFC - Uppe r Field		
Varsity Football vs Army Navy	Football - Men - Varsity	Active
Sat 10/04/2025 12:00 pm - 3:00 pm		
SFC - Upper Field		
Jerry Harper Training	Football - Men - Varsity	Active
Sun 10/05/2025 11:00 am - 1:00 pm		
SFC - Upper Field		
Football Practice	Football - Men - Freshmen	Active
Mon 10/06/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	1
HS Girls JV Flag Football @ CCA	Flag Football - Women - Varsity	Active
Mon 10/06/2025 4:00 pm - 5:00 pm		
Canyon Crest Academy		
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Mon 10/06/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
Football Practice	Football - Men - Freshmen	Active
Tue 10/07/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Flag Football vs Escondido Charter	Flag Football - Women - Varsity	Active
Tue 10/07/2025 4:00 pm - 6:00 pm		
SFC - Upper Field		
HS JV/JV2 Volleyball vs Bishops	Volleyball - Women - JV1	Active
Tue 10/07/2025 4:30 pm - 5:45 pm	Volleyball - Women - JV2	
SFC - Gymnasium		
HS V Volleyball vs Bishops	Volleyball - Women - Varsity	Active
Tue 10/07/2025 6:00 pm - 7:15 pm		
SFC - Gymnasium		
HS Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Wed 10/08/2025 2:30 pm - 4:30 pm		1
Baseball Diamond		
Football Practice	Football - Men - Freshmen	Active
Wed 10/08/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
Frosh Football vs Classical	Football - Men - Freshmen	Active

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Location		
SFC - Upper Field		
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Wed 10/08/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
JV Volleyball vs Australia Club Team (non-league scrimmage)	Volleybail - Women - JV1	Cancelled
Wed 10/08/2025 6:00 pm - 8:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium		
HS Flag Football vs Pac Ridge	Flag Football - Women - Varsity	Active
Thu 10/09/2025 3:30 pm - 5:30 pm		
SFC - Upper Field		
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Thu 10/09/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
JV Football @ Classical	Football - Men - JV	Active
Thu 10/09/2025 4:30 pm - 7:30 pm		
Orange Glen High School		
Varsity Football @ Classical	Football - Men - Varsity	Active
Thu 10/09/2025 7:00 pm - 9:00 pm		
Orange Glen High School		
Husted Kicking	Football - Men - Varsity	Active
Sun 10/12/2025 11:00 am - 12:00 pm		
SFC - Upper Field		
Brees Football	Football - Men - Varsity	Active
Sun 10/12/2025 2:30 pm - 3:30 pm		
SFC - Upper Field		
Football Practice	Football - Men - Freshmen	Active
Mon 10/13/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Mon 10/13/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
HS V Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Tue 10/14/2025 3:00 pm - 5:00 pm		
SFC - Softball Field		
Football Practice	Football - Men - Freshmen	Active
Tue 10/14/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	

Event Name	Participant	Status
HS JV/JV2 Volleyball vs LJCD	Volleyball - Women - JV2	Active
Tue 10/14/2025 4:30 pm - 6:00 pm	Volleyball - Women - JV1	
SFC - Gymnasium		
HS Girls JV Flag Football @ LCC	Flag Football - Women - Varsity	Active
Tue 10/14/2025 6:00 pm - 7:00 pm		
La Costa Canyon High School		
HS V Volleyball vs LJCD	Volleyball - Women - Varsity	Active
Tue 10/14/2025 6:00 pm - 7:30 pm		
SFC - Gymnasium		
HS Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Wed 10/15/2025 3:00 pm - 5:00 pm		
SFC - Softball Field		
Football Practice	Football - Men - Freshmen	Active
Wed 10/15/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Wed 10/15/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
HS Girls JV Flag Football @ Escondido Charter	Flag Football - Women - JV	Active
Wed 10/15/2025 7:00 pm - 8:00 pm		
Escondido Charter High School (Escondido)		
Football Practice	Football - Men - Freshmen	Active
Thu 10/16/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS JV Girls Flag Football Practice	Flag Football - Women - Varsity	Active
Thu 10/16/2025 3:00 pm - 5:00 pm		
SFC - Softball Field		
HS JV1 Girls Volleyball Practice	Volleyball - Women - JV1	Active
Thu 10/16/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
HS Girls JV Flag Football @ Classical Academy	Flag Football - Women - Varsity	Cancelled
Thu 10/16/2025 4:30 pm - 5:30 pm		
Hidden Valley Middle School		
HS JV Volleyball @ Maranatha	Volleyball - Women - JV1	Active
Thu 10/16/2025 4:30 pm - 6:00 pm		
Maranatha Christian Schools		
HS Girls V Flag Football @ Classical Academy	Flag Football - Women - Varsity	Active
Thu 10/16/2025 5:30 pm - 7:00 pm		

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Location		
Hidden Valley Middle School		
HS V Volleyball @ Maranatha	Volleyball - Women - Varsity	Active
Thu 10/16/2025 6:00 pm - 7:30 pm		
Maranatha Christian Schools		
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Fri 10/17/2025 1:30 pm - 3:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
HS Flag Football vs San Ysidro	Flag Football - Women - Varsity	Cancelled
Fri 10/17/2025 4:00 pm - TBD (11:59 pm)		
SFC - Upper Field		
JV Football @ LJCD	Football - Men - JV	Cancelled
Fri 10/17/2025 4:00 pm - 7:00 pm		
La Jolla Country Day School		
Varsity Football @ LJCD	Football - Men - Varsity	Active
Fri 10/17/2025 7:00 pm - 9:00 pm		
La Jolla Country Day School		
Miller Kicking	Football - Men - Varsity	Active
Sun 10/19/2025 10:00 am - 12:00 pm		
SFC - Upper Field		
HS Flag Football Practice	Flag Football - Women - Varsity	Active
Mon 10/20/2025 3:00 pm - 5:00 pm		
SFC - Softball Field		
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Mon 10/20/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
Football Practice 3-4pm upper 4-5pm Lower	Football - Men - Freshmen	Active
Tue 10/21/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
SFC - Softball Field		
HS JV/JV2 Volleyball @ Pac Ridge	Volleyball - Women - JV1	Active
Tue 10/21/2025 4:00 pm - 5:30 pm	Volleyball - Women - JV2	
Pacific Ridge School		
HS Flag Football vs Southwest EC	Flag Football - Women - Varsity	Active
Tue 10/21/2025 4:30 pm - 6:30 pm		
SFC - Upper Field		
HS V Volleyball @ Pac Ridge	Volleyball - Women - Varsity	Active
Tue 10/21/2025 5:30 pm - 7:00 pm		
Pacific Ridge School		1

Event Name	Participant	Status
Football Practice	Football - Men - Freshmen	Active
Wed 10/22/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Softball Field	Football - Men - Varsity	
Freshman Football vs Cathedral Catholic B Team	Football - Men - Freshmen	Active
Wed 10/22/2025 4:00 pm - 6:00 pm		
SFC - Upper Field		
HS JV Flag Football @ Del Norte	Flag Football - Women - Varsity	Cancelled
Wed 10/22/2025 4:00 pm - 5:30 pm		
Del Norte High School		
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Wed 10/22/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
HS V Flag Football @ Del Norte	Flag Football - Women - Varsity	Active
Wed 10/22/2025 6:00 pm - 7:30 pm		
Del Norte High School		
Football Practice	Football - Men - Freshmen	Active
Thu 10/23/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS JV Football @ St Augustines HS	Football - Men - JV	Active
Thu 10/23/2025 4:00 pm - 5:00 pm		
Saint Augustine High School		
HS Flag Football vs SDJA	Flag Football - Women - Varsity	Active
Thu 10/23/2025 4:30 pm - 5:30 pm		
SFC - Upper Field		
HS JV Volleyball vs Francis Parker	Volleyball - Women - JV1	Active
Thu 10/23/2025 4:30 pm - 6:00 pm		
SFC - Gymnasium		
Freshman Football vs Cathedral Catholic B Team	Football - Men - Freshmen	Cancelled
Thu 10/23/2025 6:00 pm - 8:00 pm		
Cathedral Catholic High School		
HS V Volleyball vs Francis Parker (Sr Night)	Volleyball - Women - Varsity	Active
Thu 10/23/2025 6:00 pm - 7:30 pm		
SFC - Gymnasium		
Football BYE	Football - Men - JV	Active
Fri 10/24/2025 (12:00 am) TBD - 6:00 pm		
TBD		
HS Girls Flag Football Practice	Flag Football - Women - Varsity	Active
t d		

Location		
SFC - Upper Field		
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Fri 10/24/2025 1:30 pm - 3:30 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
Harper Training	Volleyball (Beach) - Women	Active
Sat 10/25/2025 9:00 am - 11:00 am	Football - Men - JV	
SFC - Weight Training Room		
SFC - Upper Field		
Garner VB	Volleyball - Women - Varsity	Active
Sat 10/25/2025 2:30 pm - 4:00 pm		
SFC - Gymnasium		
Drew Brees = Pop Warner Football	Football - Men - Varsity	Active
Sun 10/26/2025 8:00 am - 11:30 am		
SFC - Upper Field		
SFC - Baseball Diamond		
HS Flag Football Practice	Flag Football - Women - Varsity	Active
Mon 10/27/2025 6:30 am - 8:00 am		
SFC - Upper Field		
Football Practice	Football - Men - Freshmen	Active
Mon 10/27/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Mon 10/27/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
Football Practice	Football - Men - Freshmen	Active
Tue 10/28/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Flag Football Playoff vs Our Lady of Peace	Flag Football - Women - Varsity	Active
Tue 10/28/2025 3:00 pm - 5:00 pm		
SFC - Upper Field		
HS Girls Volleyball Playoffs v. Helix	Volleyball - Women - JV1	Active
Tue 10/28/2025 7:00 pm - 9:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
Football Practice	Football - Men - Freshmen	Active
Wed 10/29/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	

Event Name	Participant	Status
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Wed 10/29/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
Freshman Football vs Eastlake	Football - Men - Freshmen	Active
Thu 10/30/2025 3:00 pm - 5:00 pm		
SFC - Upper Field		
Football Practice	Football - Men - Freshmen	Active
Thu 10/30/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Softball Field	Football - Men - Varsity	
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Thu 10/30/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
HS Volleyball Playoffs vs Granite Hills	Volleyball - Women - Varsity	Active
Thu 10/30/2025 6:00 pm - 8:00 pm		
SFC - Gymnasium		
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Fri 10/31/2025 1:30 pm - 3:30 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
Varsity Football vs Bishops (Cheer Sr Night)	Football - Men - Varsity	Active
Fri 10/31/2025 7:00 pm - 9:00 pm		
Torrey Pines High School		
Miller Kicking (Husted)	Football - Men - Varsity	Active
Sun 11/02/2025 11:00 am - 12:00 pm		
SFC - Upper Field		
Garner VB	Volleyball - Women - Varsity	Active
Sun 11/02/2025 2:30 pm - 3:45 pm		
SFC - Gymnasium		
Football Practice	Football - Men - Freshmen	Active
Mon 11/03/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Mon 11/03/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
Football Practice	Football - Men - Freshmen	Active
Tue 11/04/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	

Event Name	Participant	Status
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Tue 11/04/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
Football Practice	Football - Men - Freshmen	Active
Wed 11/05/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Wed 11/05/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
HS CIF Semi-Finals Volleyball Playoffs vs LCC	Volleyball - Women - Varsity	Active
Wed 11/05/2025 6:00 pm - 7:00 pm		
SFC - Gymnasium		
Football Practice	Football - Men - Freshmen	Active
Thu 11/06/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
SFC - Softball Field		
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Thu 11/06/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
HS Girls Volleyball Practice*	Volleyball - Women - Varsity	Active
Fri 11/07/2025 1:30 pm - 3:00 pm		
SFC - Dome		
HS Girls Volleyball CIF Championship vs Montgomery HS	Volleyball - Women - Varsity	Active
Sat 11/08/2025 4:00 pm - 5:00 pm		
MONTGOMERY SENIOR HIGH		
Football Practice	Football - Men - Freshmen	Active
Mon 11/10/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
Football Practice	Football - Men - Freshmen	Active
Tue 11/11/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Volleyball Practice	Volleyball - Women - Varsity	Active
Tue 11/11/2025 4:00 pm - 6:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - JV1	
HS Girls Volleyball STATE Playoffs (Round 1) vs El Cam	Volleyball - Women - Varsity	Active
Tue 11/11/2025 6:00 pm - 8:00 pm		
SFC - Gymnasium		

12.30 an Fit 3 Dec, 23	2025 VD, Flag, FD Gailles	
Event Name	Participant	Status
Football Practice	Football - Men - Freshmen	Active
Wed 11/12/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Volleyball Practice	Volleyball - Women - JV1	Active
Wed 11/12/2025 3:30 pm - 5:00 pm	Volleyball - Women - JV2	
SFC - Gymnasium	Volleyball - Women - Varsity	
Football Practice	Football - Men - Freshmen	Active
Thu 11/13/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Volleyball STATE Playoffs (Round 2) vs Patrick Henry	Volleyball - Women - Varsity	Active
Thu 11/13/2025 6:00 pm - 8:00 pm		
SFC - Gymnasium		
volleyball practice - Women	Volleyball - Women - Varsity	Active
Fri 11/14/2025 1:00 pm - 3:00 pm		
SFC - Gymnasium		
Varsity Football Playoffs	Football - Men - Varsity	Active
Fri 11/14/2025 7:00 pm - 9:00 pm		
TBD		
Football Locker Room - Playoff Decor	Football - Men - Varsity	Active
Sat 11/15/2025 7:00 am - 8:00 am		
SFCS - Athletics		
Football Practice	Football - Men - Freshmen	Active
Mon 11/17/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
Football Practice	Football - Men - Freshmen	Active
Tue 11/18/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
Football Practice	Football - Men - Freshmen	Active
Wed 11/19/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
HS Girls Flag End of Season Banquet	Flag Football - Women - Varsity	Active
Wed 11/19/2025 5:00 pm - 8:00 pm		
The Commons (Cafe')		
The Commons (Cafe') Patio		
Football Practice	Football - Men - Freshmen	Active
Thu 11/20/2025 3:00 pm - 6:00 pm	Football - Men - JV	
SFC - Upper Field	Football - Men - Varsity	
Varsity Football CIF Semi Finals vs Scrips Ranch	Football - Men - Varsity	Active

Date	Equipment	
Fri 11/21/2025 7:00 pm - 9:00 pm		
La Jolla High School		