| Date | Start | Event Name | Location |
|----------------|----------|--|--|
| Fri 02/10/2023 | 1:30 pm | W Softball Practice | SFC - Softball Field |
| Sat 02/11/2023 | 9:00 am | W Softball Practice | SFC - Softball Field |
| Sat 02/11/2023 | 9:00 am | M Baseball Practice | SFC - Upper Field |
| Mon 02/13/2023 | 2:00 pm | M V Golf Tryouts | Fairbanks Ranch Country Club (A Bay Club Property) |
| Mon 02/13/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Mon 02/13/2023 | 3:30 pm | M Tennis @ Rancho Bernardo (scrimmage) | TBD |
| Tue 02/14/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Tue 02/14/2023 | 3:30 pm | W V Softball Practice | SFC - Softball Field |
| Tue 02/14/2023 | 3:30 pm | M JV/V Baseball Practice | SFC - Upper Field |
| Wed 02/15/2023 | 3:15 pm | M Tennis @ Cathedral (scrimmage) | TBD |
| Wed 02/15/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Thu 02/16/2023 | 3:30 pm | M JV/V Baseball Practice | SFC - Upper Field |
| Thu 02/16/2023 | 3:30 pm | M Tennis @ LaCosta Canyon (scrimmage) | TBD |
| Thu 02/16/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Fri 02/17/2023 | 1:30 pm | W Softball Practice | SFC - Softball Field |
| Sat 02/18/2023 | 9:00 am | W Softball Practice | SFC - Softball Field |
| Mon 02/20/2023 | 9:00 am | W V Softball Practice | SFC - Softball Field |
| Mon 02/20/2023 | 12:00 pm | M JV/V Baseball Practice | SFC - Upper Field |
| Tue 02/21/2023 | 12:00 pm | M JV/V Baseball Practice | SFC - Upper Field |
| Wed 02/22/2023 | 3:00 pm | M JV Baseball Scrimmage @ Canyon Crest Academy | Canyon Crest Academy |
| Wed 02/22/2023 | 3:00 pm | M V Baseball Scrimmage vs Canyon Crest Academy | SFC - Upper Field |
| Thu 02/23/2023 | 12:00 pm | M JV/V Baseball Practice | SFC - Upper Field |
| Fri 02/24/2023 | 12:00 pm | M V/JV Baseball Practice | SFC - Upper Field |
| Fri 02/24/2023 | 1:30 pm | W Softball Practice | SFC - Softball Field |
| Sat 02/25/2023 | 8:00 am | M Tennis 1srt Serve Tourney | TBD |
| Sat 02/25/2023 | 9:00 am | W Softball Practice | SFC - Softball Field |
| Mon 02/27/2023 | 12:00 pm | M V Baseball Practice | SFC - Upper Field |
| Mon 02/27/2023 | 3:00 pm | M V BaseballTeam Photos | SFC - Upper Field |
| Mon 02/27/2023 | 3:30 pm | M Tennis @ SDJA (scrimmage) | TBD |
| Mon 02/27/2023 | 3:30 pm | M JV Baseball vs Mission Vista | SFC - Upper Field |
| Mon 02/27/2023 | 3:30 pm | W V Softball Practice | SFC - Softball Field |
| Tue 02/28/2023 | 3:30 pm | M Golf Team Photos | SFC - Upper Field |
| Tue 02/28/2023 | 3:30 pm | M V Baseball vs Mission Vista | SFC - Upper Field |
| Tue 02/28/2023 | 3:30 pm | M Tennis @ Orange Glen | Orange Glen High School |
| Tue 02/28/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Wed 03/01/2023 | 3:30 pm | V Basesball Practice | SFC - Upper Field |
| Wed 03/01/2023 | 3:30 pm | M V Golf @ Francis Parker | Riverwalk Golf Club |
| Wed 03/01/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |

| Date | Start | Event Name | Location |
|----------------|----------|------------------------------------|--|
| Wed 03/01/2023 | 3:45 pm | M Tennis @ Pac Ridge | Pacific Ridge School |
| Thu 03/02/2023 | 3:15 pm | M V Golf vs Francis Parker | Morgan Run Club & Resort |
| Thu 03/02/2023 | 3:30 pm | M Tennis @ Jewish Academy | San Diego Jewish Academy |
| Thu 03/02/2023 | 3:30 pm | M V Baseball vs Oceanside | SFC - Upper Field |
| Thu 03/02/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Thu 03/02/2023 | 4:30 pm | Softball Team Photos | SFC - Softball Field |
| Fri 03/03/2023 | 1:30 pm | V Basesball Practice | SFC - Upper Field |
| Fri 03/03/2023 | 3:30 pm | M JV Baseball @ Fallbrook | Fallbrook High |
| Fri 03/03/2023 | 3:30 pm | W Softball vs Madison | SFC - Softball Field |
| Sat 03/04/2023 | 9:00 am | W Softball Practice | SFC - Softball Field |
| Sat 03/04/2023 | 10:30 am | M V Baseball vs Fallbrook | SFC - Upper Field |
| Mon 03/06/2023 | 1:00 pm | M Tennis Team Photos | Outside Weight Rm Space |
| Mon 03/06/2023 | 2:00 pm | M V Golf @ LJHS | Fairbanks Ranch Country Club (A Bay Club Property) |
| Mon 03/06/2023 | 3:30 pm | M V Baseball @ Carlsbad | Carlsbad High |
| Mon 03/06/2023 | 3:30 pm | W Softball vs Bishops | SFC - Softball Field |
| Tue 03/07/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Tue 03/07/2023 | 3:30 pm | M Tennis @ Classical | CLASSICAL ACADEMY |
| Tue 03/07/2023 | 3:30 pm | M V Golf @ LJCD | Mission Trails Golf Course |
| Wed 03/08/2023 | 3:30 pm | M V Baseball @ El Camino | El Camino High School |
| Wed 03/08/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Wed 03/08/2023 | 3:30 pm | M V Golf @ LJHS | La Jolla Country Club |
| Wed 03/08/2023 | 3:30 pm | M JV Baseball vs El Camino | SFC - Upper Field |
| Wed 03/08/2023 | 4:00 pm | W Softball vs Canyon Crest Academy | SFC - Softball Field |
| Thu 03/09/2023 | 3:30 pm | M JV Baseball Practice | SFC - Upper Field |
| Thu 03/09/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Fri 03/10/2023 | 1:30 pm | W Softball Practice | SFC - Softball Field |
| Fri 03/10/2023 | 3:30 pm | M JV Baseball vs Carlsbad | SFC - Upper Field |
| Sat 03/11/2023 | 9:00 am | W Softball Practice | SFC - Softball Field |
| Sat 03/11/2023 | 10:00 am | M JV Baseball Practice | SFC - Upper Field |
| Mon 03/13/2023 | 3:30 pm | M JV/V Baseball Practice | SFC - Upper Field |
| Mon 03/13/2023 | 4:00 pm | W Softball vs Canyon Crest | SFC - Softball Field |
| Tue 03/14/2023 | 3:15 pm | M V Golf @ Bishops | Lomas Santa Fe Country Club |
| Tue 03/14/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Tue 03/14/2023 | 3:30 pm | M JV Baseball @ Escondido HS | Escondido |
| Tue 03/14/2023 | 3:30 pm | M V Baseball vs RBV | SFC - Upper Field |
| Tue 03/14/2023 | 3:30 pm | M Tennis @ Army Navy | Army & Navy Academy |
| Wed 03/15/2023 | 3:30 pm | M JV/V Baseball Practice | SFC - Upper Field |
| Wed 03/15/2023 | 3:30 pm | M Tennis @ Torrey Pines | Torrey Pines High School |

| Date | Start | Event Name | Location |
|----------------|----------|-----------------------------------|--|
| Thu 03/16/2023 | 3:30 pm | M JV/V Baseball Practice | SFC - Upper Field |
| Thu 03/16/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Fri 03/17/2023 | 1:30 pm | M JV/V Baseball Practice | SFC - Upper Field |
| Fri 03/17/2023 | 1:30 pm | W Softball Practice | SFC - Softball Field |
| Fri 03/17/2023 | 3:30 pm | M Tennis @ Orange Glen | Orange Glen High School |
| Sat 03/18/2023 | 9:00 am | W Softball Practice | SFC - Softball Field |
| Sat 03/18/2023 | 10:30 am | M JV Baseball @ Oceanside | Oceanside High |
| Sat 03/18/2023 | 1:00 pm | M V Baseball @ Mission Hills | Mission Hills High |
| Mon 03/20/2023 | 2:30 pm | M V Golf @ LJCD | Fairbanks Ranch Country Club (A Bay Club Property) |
| Mon 03/20/2023 | 3:30 pm | M Tennis @ Bishops | The Bishops School |
| Mon 03/20/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Tue 03/21/2023 | 3:30 pm | M JV/V Baseball Practice | SFC - Upper Field |
| Tue 03/21/2023 | 3:30 pm | M V Golf @ Pac Ridge | Aviara Golf Club at Park Hyatt Aviara Resort |
| Tue 03/21/2023 | 3:30 pm | M Tennis @ Jewish Academy | San Diego Jewish Academy |
| Tue 03/21/2023 | 4:00 pm | W Softball vs Footbills Christian | SFC - Softball Field |
| Wed 03/22/2023 | 12:00 pm | W Softball Practice | SFC - Softball Field |
| Wed 03/22/2023 | 3:30 pm | M V Baseball Lift | SFC - Weight Training Room |
| Thu 03/23/2023 | 3:30 pm | M Tennis @ Classical | CLASSICAL ACADEMY |
| Thu 03/23/2023 | 3:30 pm | M V Baseball vs Ramona | SFC - Upper Field |
| Thu 03/23/2023 | 4:00 pm | W Softball vs Fallbrook | SFC - Softball Field |
| Fri 03/24/2023 | 1:30 pm | M JV/V Baseball Practice | SFC - Upper Field |
| Fri 03/24/2023 | 3:30 pm | M Tennis @ Tri City | Tri-City Christian School |
| Fri 03/24/2023 | 4:00 pm | W Softball vs Mt Carmel | SFC - Softball Field |
| Sat 03/25/2023 | 9:00 am | W Softball Practice | SFC - Softball Field |
| Sat 03/25/2023 | 10:30 am | M V Baseball vs Del Norte | SFC - Upper Field |
| Sat 03/25/2023 | 1:30 pm | M JV Baseball vs Del Norte | SFC - Upper Field |
| Sun 03/26/2023 | 12:30 pm | K Plasman Hitting | SFC - Upper Field |
| Mon 03/27/2023 | 3:30 pm | M Tennis @ SDJA | San Diego Jewish Academy |
| Mon 03/27/2023 | 3:30 pm | M JV/V Baseball Practice | SFC - Upper Field |
| Mon 03/27/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Tue 03/28/2023 | 3:30 pm | M JV/V Baseball Practice | SFC - Upper Field |
| Tue 03/28/2023 | 3:30 pm | M Tennis @ Tri City | Tri-City |
| Tue 03/28/2023 | 4:00 pm | W Softball @ Sage Creek | Sage Creek High School |
| Wed 03/29/2023 | 3:15 pm | M V Golf vs Classical | Lomas Santa Fe Country Club |
| Wed 03/29/2023 | 3:30 pm | M JV/V Baseball Lift | Weight Room |
| Wed 03/29/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Wed 03/29/2023 | 3:30 pm | M Tennis @ Pac Ridge | Pacific Ridge School |
| Wed 03/29/2023 | 4:00 pm | W Softball vs HTH (San Diego) | SFC - Softball Field |

| Date | Start | Event Name | Location |
|----------------|----------|--|-----------------------------|
| Thu 03/30/2023 | 3:30 pm | M V Baseball Practice | SFC - Upper Field |
| Thu 03/30/2023 | 3:30 pm | M JV Baseball vs Carlsbad | Carlsbad High School |
| Thu 03/30/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Thu 03/30/2023 | 3:30 pm | M Tennis @ Army Navy | Army & Navy Academy |
| Fri 03/31/2023 | 1:30 pm | M V Baseball Practice | SFC - Upper Field |
| Fri 03/31/2023 | 3:30 pm | M Tennis @ Classical | VALLEY CENTER HIGH |
| Fri 03/31/2023 | 3:30 pm | W Softball vs Tri City | SFC - Softball Field |
| Fri 03/31/2023 | 4:00 pm | M JV Baseball @ Vista | VISTA HIGH |
| Sat 04/01/2023 | 9:00 am | M JV Baseball - Practice | SFC - Upper Field |
| Sat 04/01/2023 | 9:00 am | W Softball Practice | SFC - Softball Field |
| Mon 04/03/2023 | 7:00 am | M V Golf Champions Invite (all day) | Tahquitz Creek Golf Resort |
| Mon 04/03/2023 | 3:30 pm | M Tennis @ Valley Center | VALLEY CENTER HIGH |
| Mon 04/03/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Mon 04/03/2023 | 4:00 pm | M JV Baseball @ Mission Vista | Mission Vista High School |
| Mon 04/03/2023 | 4:00 pm | Mens V Baseball @ Vista | VISTA HIGH |
| Tue 04/04/2023 | 7:00 am | M V Golf Champions Invite (all day) | Tahquitz Creek Golf Resort |
| Tue 04/04/2023 | 3:30 pm | M Tennis @ Valley Center | VALLEY CENTER HIGH |
| Tue 04/04/2023 | 4:00 pm | M JV Baseball @ El Camino | El Camino High School |
| Tue 04/04/2023 | 4:00 pm | W Softball vs San Diego High School | SFC - Softball Field |
| Tue 04/04/2023 | 4:00 pm | M V Baseball vs Bakersfield Christian | SFC - Upper Field |
| Wed 04/05/2023 | 3:30 pm | M Tennis @ Coronado HS | Coronado High School |
| Wed 04/05/2023 | 4:00 pm | M V Baseball vs South Pasadena | SFC - Upper Field |
| Wed 04/05/2023 | 4:00 pm | W Softball vs LJCD | SFC - Softball Field |
| Wed 04/05/2023 | 7:00 pm | M JV Baseball @ Poway vs Lone Peak | Poway High School |
| Thu 04/06/2023 | 3:30 pm | M Tennis @ Sage Creek | Sage Creek High School |
| Thu 04/06/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Thu 04/06/2023 | 4:00 pm | Mens V Baseball vs Taft @ Canyon Crest | Canyon Crest Academy |
| Fri 04/07/2023 | 1:30 pm | W Softball Practice | SFC - Softball Field |
| Sat 04/08/2023 | 9:00 am | W Softball Practice | SFC - Softball Field |
| Mon 04/10/2023 | 3:30 pm | M V Baseball vs LJCD | SFC - Upper Field |
| Mon 04/10/2023 | 4:30 pm | M JV Baseball @ LJCD | La Jolla Country Day School |
| Tue 04/11/2023 | 11:00 am | M V Baseball Practice | SFC - Upper Field |
| Tue 04/11/2023 | 1:00 pm | M JV Baseball Practice | SFC - Upper Field |
| Wed 04/12/2023 | 3:30 pm | M JV Baseball vs LJCD | SFC - Upper Field |
| Wed 04/12/2023 | 4:30 pm | M V Baseball @ LJCD | La Jolla Country Club |
| Thu 04/13/2023 | 10:00 am | M V Baseball Practice | SFC - Upper Field |
| Thu 04/13/2023 | 2:00 pm | M JV Baseball Practice | SFC - Upper Field |
| Fri 04/14/2023 | 1:30 pm | W Softball Practice | SFC - Softball Field |

| Date | Start | Event Name | Location |
|----------------|---------|----------------------------------|--|
| Fri 04/14/2023 | 3:30 pm | M V Baseball vs LJCD | SFC - Upper Field |
| Fri 04/14/2023 | 6:30 pm | M JV Baseball @ LJCD | La Jolla Country Day School |
| Sat 04/15/2023 | 9:00 am | W Softball Practice | SFC - Softball Field |
| Mon 04/17/2023 | 2:30 pm | M V Baseball vs Maranatha | SFC - Upper Field |
| Mon 04/17/2023 | 4:00 pm | M JV Baseball @ Maranatha | Maranatha Christian Schools |
| Mon 04/17/2023 | 6:00 pm | M Tennis Practice @ Omni | Omni La Costa Resort & Spa |
| Tue 04/18/2023 | 3:30 pm | V/JV Baseball Practice | SFC - Upper Field |
| Tue 04/18/2023 | 3:30 pm | M Tennis @ League Individuals | TBD |
| Tue 04/18/2023 | 3:30 pm | M Golf @ Native Oaks | Native Oaks Golf Club |
| Tue 04/18/2023 | 3:30 pm | W Softball @ Maranatha | Maranatha High School |
| Wed 04/19/2023 | 3:30 pm | M Tennis @ League Individuals | TBD |
| Wed 04/19/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Wed 04/19/2023 | 4:00 pm | M V Baseball @ Maranatha | Maranatha Christian Schools |
| Thu 04/20/2023 | 3:00 pm | M V Golf @ Cathedral | Rancho Santa Fe |
| Thu 04/20/2023 | 3:30 pm | V/JV Baseball Practice | SFC - Upper Field |
| Thu 04/20/2023 | 3:30 pm | M Tennis @ League Individuals | TBD |
| Thu 04/20/2023 | 4:00 pm | W Softball @ Escondido Charter | Escondido Charter High School (Escondido) |
| Fri 04/21/2023 | 3:15 pm | M JV Baseball @ Maranatha | Maranatha Christian Schools |
| Fri 04/21/2023 | 3:30 pm | M Tennis @ League Individuals | TBD |
| Fri 04/21/2023 | 3:30 pm | M V Baseball vs Maranatha | SFC - Upper Field |
| Fri 04/21/2023 | 4:00 pm | W Softball vs Escondido Charter | SFC - Softball Field |
| Sat 04/22/2023 | 9:00 am | W Softball Practice | SFC - Softball Field |
| Sat 04/22/2023 | 2:00 pm | M JV Baseball vs Maranatha | SFC - Upper Field |
| Sat 04/22/2023 | 5:00 pm | M Tennis End of Season Banquet | Cafe' / Student Lounge |
| Mon 04/24/2023 | 2:00 pm | M V Golf @ Murrieta Valley | Fairbanks Ranch Country Club (A Bay Club Property) |
| Mon 04/24/2023 | 3:30 pm | JV Baseball Practice | SFC - Upper Field |
| Mon 04/24/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Mon 04/24/2023 | 4:00 pm | M V Baseball @ Bishops | Kate Sessions Elementary School |
| Tue 04/25/2023 | 3:15 pm | M V Golf vs Pac Ridge | Morgan Run Club & Resort |
| Tue 04/25/2023 | 3:30 pm | V/JV Baseball Practice | SFC - Upper Field |
| Tue 04/25/2023 | 4:00 pm | W Softball vs Classical Academy | SFC - Softball Field |
| Wed 04/26/2023 | 3:30 pm | M V Baseball vs Bishops | SFC - Upper Field |
| Wed 04/26/2023 | 3:30 pm | M Tennis @ CIF Team | TBD |
| Wed 04/26/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Thu 04/27/2023 | 3:30 pm | V Baseball Practice | SFC - Upper Field |
| Thu 04/27/2023 | 3:30 pm | M Tennis @ CIF Team | TBD |
| Thu 04/27/2023 | 4:00 pm | M JV Baseball @ Otay Ranch | OTAY RANCH SENIOR HIGH |
| Thu 04/27/2023 | 4:00 pm | W Softball @ Foothills Christian | Foothills Christian High School |

| Date | Start | Event Name | Location |
|----------------|----------|-------------------------------------|--|
| Fri 04/28/2023 | 3:30 pm | M Tennis @ CIF Team | TBD |
| Fri 04/28/2023 | 4:00 pm | M V Baseball @ Bishops | Kate Sessions Elementary School |
| Fri 04/28/2023 | 4:00 pm | W Softball vs SDA | SFC - Softball Field |
| Sat 04/29/2023 | 9:00 am | W Softball Practice | SFC - Softball Field |
| Sat 04/29/2023 | 10:00 am | JV Baseball Practice | SFC - Upper Field |
| Sat 04/29/2023 | 3:30 pm | M Tennis @ CIF Team | TBD |
| Mon 05/01/2023 | 11:00 am | Coastal Conf Golf Finals @ St Marks | The Links at Lakehouse (formerly St. Mark Golf Club) |
| Mon 05/01/2023 | 3:00 pm | M JV Baseball vs Classical | SFC - Upper Field |
| Mon 05/01/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Mon 05/01/2023 | 4:00 pm | M V Baseball @ Classical | Del Dios Middle School |
| Tue 05/02/2023 | 4:00 pm | W Softball @ Bishops | The Bishops School |
| Wed 05/03/2023 | 3:30 pm | W Softball @ Tri City | Tri-City Christian School |
| Wed 05/03/2023 | 3:30 pm | M V Baseball vs Classical | SFC - Upper Field |
| Wed 05/03/2023 | 4:00 pm | M JV Baseball @ Classical | Del Dios Middle School |
| Thu 05/04/2023 | 3:30 pm | JV/V Baseball Practice | SFC - Upper Field |
| Thu 05/04/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Thu 05/04/2023 | 5:30 pm | Brees Football | SFC - Softball Field |
| Fri 05/05/2023 | 3:30 pm | M JV Baseball vs Classical | CLASSICAL ACADEMY |
| Fri 05/05/2023 | 4:00 pm | M V Baseball @ Classical | Del Dios Middle School |
| Fri 05/05/2023 | 4:00 pm | W Softball @ Classical Academy | CLASSICAL ACADEMY |
| Sat 05/06/2023 | 9:00 am | Softball vs LJCD | SFC - Softball Field |
| Sun 05/07/2023 | 1:00 pm | Brees | SFC - Softball Field |
| Mon 05/08/2023 | 12:15 pm | M Tennis @ CIF Individuals | TBD |
| Mon 05/08/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Mon 05/08/2023 | 4:00 pm | M V Baseball vs Parker | SFC - Upper Field |
| Mon 05/08/2023 | 6:30 pm | M JV Baseball @ Parker | Francis Parker School |
| Tue 05/09/2023 | 1:00 pm | M Tennis @ CIF Individuals | TBD |
| Tue 05/09/2023 | 3:30 pm | JV/V Baseball Practice | SFC - Upper Field |
| Tue 05/09/2023 | 4:00 pm | W Softball @ LJCD | La Jolla Country Day School |
| Wed 05/10/2023 | 3:15 pm | M JV Baseball vs Parker | SFC - Upper Field |
| Wed 05/10/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Wed 05/10/2023 | 3:30 pm | M Tennis @ CIF Individuals | TBD |
| Wed 05/10/2023 | 6:30 pm | M V Baseball @ Parker | Francis Parker School |
| Thu 05/11/2023 | 4:00 pm | W Softball vs Maranatha | SFC - Softball Field |
| Fri 05/12/2023 | 3:30 pm | M V Baseball vs Parker (Sr Night) | SFC - Upper Field |
| Fri 05/12/2023 | 4:00 pm | W Softball vs Foothills (Sr Night) | SFC - Softball Field |
| Fri 05/12/2023 | 6:30 pm | M JV Baseball @ Parker | Francis Parker School |
| Sat 05/13/2023 | 9:00 am | W Softball Practice | SFC - Softball Field |

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|----------------|----------|---|-----------------------|
| Date | Start | Event Name | Location |
| Sat 05/13/2023 | 3:30 pm | M Tennis @ CIF Individuals | TBD |
| Mon 05/15/2023 | 3:30 pm | Baseball Practice | SFC - Upper Field |
| Mon 05/15/2023 | 5:30 pm | W Softball Practice | SFC - Softball Field |
| Tue 05/16/2023 | 3:30 pm | V Baseball @ Del Norte (CIF Playoff) | Del Norte High School |
| Tue 05/16/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Wed 05/17/2023 | 3:30 pm | W Softball Playoff Game vs Maranatha | SFC - Softball Field |
| Thu 05/18/2023 | 3:30 pm | W Softball Practice | SFC - Softball Field |
| Fri 05/19/2023 | 2:00 pm | W Softball vs La Jolla Country Day - Playoffs | SFC - Softball Field |
| Fri 05/19/2023 | 3:30 pm | M Tennis @ State | TBD |
| Sat 05/20/2023 | 11:00 am | W Softball 3rd Playoff TBD | SFC - Softball Field |
| Sat 05/20/2023 | 3:30 pm | M Tennis @ State | TBD |
| Mon 05/22/2023 | 5:30 pm | W Softball Practice | SFC - Softball Field |
| Thu 05/25/2023 | 9:00 am | Sawyer & Crosetti - Baseball | SFC - Batting Cage |
| Thu 05/25/2023 | 3:30 pm | W Softball @ Madison - CIF Semi's | MADISON SENIOR HIGH |
| Fri 05/26/2023 | 1:30 pm | W Softball Practice | SFC - Softball Field |