

Date	Start	End	Event Name	Location	Dismiss
Thu 08/18/2022	4:00 pm	5:00 pm	W JV/JV2 Volleyball vs Rancho Bernardo	SFC - Gymnasium	3:00 pm
Thu 08/18/2022	5:30 pm	6:30 pm	W V Volleyball vs Rancho Bernardo	SFC - Gymnasium	
Fri 08/19/2022	10:00 am	2:00 pm	W Volleyball Practice	SFC - Gymnasium	
Fri 08/19/2022	3:00 pm	5:00 pm	Women's V / JV / JV2 VB Practice	SFC - Gymnasium	
Mon 08/22/2022	1:45 pm	3:45 pm	W Volleyball Practice	SFC - Gymnasium	
Tue 08/23/2022	10:00 am	2:00 pm	W Volleyball Practice	SFC - Gymnasium	
Wed 08/24/2022	3:30 pm	6:00 pm	W Volleyball Practice	SFC - Gymnasium	
Thu 08/25/2022	3:45 pm	6:15 pm	W Volleyball Practice	SFC - Gymnasium	
Fri 08/26/2022	1:30 pm	4:00 pm	W Volleyball Practice	SFC - Gymnasium	
Sat 08/27/2022	10:00 am	11:00 am	W Volleyball JV Wolverine Showcase	TBD	
Sat 08/27/2022	10:00 am	11:00 am	W Volleyball JV Premier Invitational	TBD	
Mon 08/29/2022	3:30 pm	6:00 pm	W Volleyball Practice	SFC - Gymnasium	
Tue 08/30/2022	4:30 pm	5:30 pm	W JV Volleyball vs La Costa Canyon	SFC - Gymnasium	3:00 pm
Tue 08/30/2022	6:00 pm	7:00 pm	W V Volleyball vs La Costa Canyon	SFC - Gymnasium	
Wed 08/31/2022	4:00 pm	5:00 pm	W JV/JV2 Volleyball vs Del Norte	SFC - Gymnasium	3:00 pm
Wed 08/31/2022	5:30 pm	6:30 pm	W V Volleyball vs Del Norte	SFC - Gymnasium	
Thu 09/01/2022	3:30 pm	6:00 pm	W Volleyball Practice	SFC - Gymnasium	
Fri 09/02/2022	1:45 pm	6:00 pm	W Volleyball Practice	SFC - Gymnasium	
Fri 09/02/2022	2:00 pm	3:00 pm	W Volleyball CA Challenge Tourney	La Costa Canyon High School	
Sat 09/03/2022	8:00 am	6:00 pm	W Volleyball CA Challenge Tourney	San Marcos High School	
Tue 09/06/2022	3:30 pm	4:55 pm	W Volleyball Practice	SFC - Gymnasium	
Tue 09/06/2022	5:00 pm	6:00 pm	W VB Team Chalk-Talk Mtg	Las Flores Conference Room	
Wed 09/07/2022	4:00 pm	5:00 pm	W JV/JV 2Volleyball @ La Jolla	La Jolla Country Club	3:00 pm
Wed 09/07/2022	5:30 pm	6:30 pm	W V Volleyball @ La Jolla	La Jolla Country Day School	
Thu 09/08/2022	3:30 pm	5:00 pm	W Volleyball Practice	SFC - Gymnasium	
Thu 09/08/2022	5:00 pm	6:00 pm	W VB Team Chalk-Talk Mtg	Las Flores Conference Room	
Fri 09/09/2022	1:30 pm	6:00 pm	W Volleyball All Levels Practice	SFC - Gym Kitchen	
Sat 09/10/2022	TBD	1:00 pm	W JV Volleyball Poway Tourney @ TBD (neutral location)	TBD	
Mon 09/12/2022	3:30 pm	6:00 pm	W Volleyball Practice	SFC - Gymnasium	
Tue 09/13/2022	3:30 pm	6:00 pm	W Volleyball Practice	SFC - Gymnasium	
Wed 09/14/2022	4:30 pm	5:30 pm	W JV/JV2 Volleyball vs LJCD	SFC - Gymnasium	3:00 pm
Wed 09/14/2022	6:00 pm	7:30 pm	W V Volleyball vs LJCD	SFC - Gymnasium	
Thu 09/15/2022	3:30 pm	6:00 pm	W Volleyball Practice	SFC - Gymnasium	
Fri 09/16/2022	1:30 pm	4:30 pm	W Volleyball Practice	SFC - Gymnasium	
Sat 09/17/2022	TBD	1:00 pm	W V Volleyball La Jolla Classic Tourney	La Jolla High School	
Sat 09/17/2022	TBD	1:00 pm	W V Volleyball Tourney @ neutral location (TBD)	TBD	

Date	Start	End	Event Name	Location	Dismiss
Mon 09/19/2022	3:30 pm	6:00 pm	W Volleyball Practice	SFC - Gymnasium	
Tue 09/20/2022	3:30 pm	6:00 pm	W Volleyball Practice	SFC - Gymnasium	
Wed 09/21/2022	3:30 pm	6:00 pm	W JV2 Volleyball Practice	SFC - Gymnasium	
Wed 09/21/2022	4:00 pm	5:00 pm	W JV Volleyball @ Bishops	The Bishops School	3:00 pm
Wed 09/21/2022	5:30 pm	6:30 pm	W V Volleyball @ Bishops	The Bishops School	
Thu 09/22/2022	3:30 pm	6:00 pm	W Volleyball Practice	SFC - Gymnasium	
Fri 09/23/2022	1:30 pm	4:00 pm	W JV 2 Practice	SFC - Gymnasium	
Fri 09/23/2022	4:00 pm	5:00 pm	W JV Volleyball @ Classical	CLASSICAL ACADEMY	3:00 pm
Fri 09/23/2022	5:30 pm	6:30 pm	W V Volleyball @ Classical	CLASSICAL ACADEMY	
Mon 09/26/2022	3:30 pm	6:00 pm	W Volleyball Practice	SFC - Gymnasium	
Tue 09/27/2022	3:30 pm	6:00 pm	W Volleyball Practice	SFC - Gymnasium	
Wed 09/28/2022	3:30 pm	6:00 pm	W Volleyball Practice	SFC - Gymnasium	
Thu 09/29/2022	3:30 pm	6:00 pm	W Volleyball Practice	SFC - Gymnasium	
Fri 09/30/2022	TBD	1:00 pm	W V VB Tournament of Champions @ neutral location (TBD)	TBD	
Fri 09/30/2022	3:30 pm	6:00 pm	W Volleyball Practice	SFC - Gymnasium	
Sat 10/01/2022	TBD	1:00 pm	W V VB Tournament of Champions @ neutral location (TBD)	TBD	
Mon 10/03/2022	3:30 pm	5:20 pm	W Volleyball Practice	SFC - Gymnasium	
Tue 10/04/2022	3:30 pm	5:20 pm	W Volleyball Practice	SFC - Gymnasium	
Wed 10/05/2022	4:30 pm	5:30 pm	W JV/JV2 Volleyball vs Parker	SFC - Gymnasium	3:00 pm
Wed 10/05/2022	6:00 pm	7:00 pm	W V Volleyball vs Parker	SFC - Gymnasium	
Thu 10/06/2022	3:30 pm	5:20 pm	W Volleyball Practice	SFC - Gymnasium	
Fri 10/07/2022	4:00 pm	5:00 pm	W JV Volleyball @ LJCD	La Jolla Country Day School	
Fri 10/07/2022	6:00 pm	7:00 pm	W V Volleyball @ LJCD	La Jolla Country Day School	
Mon 10/10/2022	3:30 pm	5:20 pm	W Volleyball Practice	SFC - Gymnasium	
Tue 10/11/2022	3:30 pm	5:20 pm	W Volleyball Practice	WAVE Volleyball Club	
Wed 10/12/2022	4:30 pm	5:30 pm	W JV/JV2 Volleyball vs Classical	SFC - Gymnasium	3:00 pm
Wed 10/12/2022	6:00 pm	7:30 pm	W V Volleyball vs Classical (Sr. Night)	SFC - Gymnasium	
Thu 10/13/2022	4:30 pm	5:30 pm	W JV Volleyball vs Maranatha	SFC - Gymnasium	
Thu 10/13/2022	6:00 pm	7:00 pm	W V Volleyball vs Maranatha	SFC - Gymnasium	
Tue 10/18/2022	3:30 pm	5:20 pm	W Volleyball Practice	SFC - Gymnasium	
Wed 10/19/2022	4:30 pm	5:30 pm	W JV/JV2 Volleyball vs Bishops	SFC - Gymnasium	3:00 pm
Wed 10/19/2022	6:00 pm	7:30 pm	W V Volleyball vs Bishops	SFC - Gymnasium	
Thu 10/20/2022	3:30 pm	5:20 pm	W Volleyball Practice	SFC - Gymnasium	
Fri 10/21/2022	3:30 pm	4:30 pm	W JV Volleyball @ Parker	Francis Parker School	2:15 pm
Fri 10/21/2022	5:00 pm	6:00 pm	W V Volleyball @ Parker	Francis Parker School	
Mon 10/24/2022	3:30 pm	6:00 pm	W Volleyball Practice	SFC - Gymnasium	

Date	Start	End	Event Name	Location	Dismiss
Tue 10/25/2022	3:30 pm	5:20 pm	W Volleyball Practice	SFC - Gymnasium	
Tue 10/25/2022	7:00 pm	9:00 pm	W Volleyball - Playoffs vs Patrick Henry	SFC - Gymnasium	
Thu 10/27/2022	3:30 pm	6:00 pm	W Volleyball Practice	SFC - Gymnasium	
Fri 10/28/2022	7:00 pm	9:00 pm	W Volleyball - Playoffs vs Canyon Crest	SFC - Gymnasium	
Tue 11/01/2022	7:00 pm	9:00 pm	W Volleyball - Playoffs vs El Capitan	SFC - Gymnasium	
Wed 11/02/2022	3:30 pm	6:00 pm	W Volleyball Practice	SFC - Gymnasium	
Thu 11/03/2022	3:30 pm	5:30 pm	W Volleyball Practice	SFC - Gymnasium	
Fri 11/04/2022	1:30 pm	3:30 pm	W Volleyball Practice	SFC - Gymnasium	